



# HOCKEY EQUIPMENT CHECKLIST

*Optional but recommended \**



Helmet and Cage



Hockey Skates



Hockey Stick/Shin Tape



BNQ Neck Guard



Skate Foot Sock



Towel to dry skates \*



Shoulder Pads



Hockey Bag



Skate Guards \*



Elbow Pads



Hockey Stick



Mouth Guard \*



Shin Pads



Jock/Jill Shorts or Leggings



Hockey jersey \*



Hockey Pants



Water Bottle



Compression top \*



Hockey Gloves



Hockey Socks (legs)



Compression Leggings \*